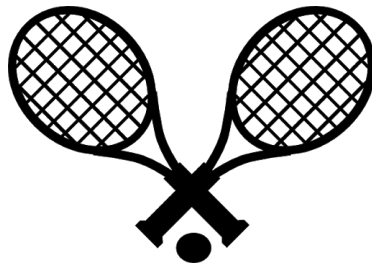




CHS Varsity Tennis 2024



Coach Tsai & Coach Parisi



Contact & Other Information

- Email:

Coach Tsai: jatsai@yahoo.com

Coach Parisi: Erin_Parisi@hcpss.org

- Sign up for text alerts via Remind 101

Text the number 81010 with this message: @c3g8b43

- Tennis Website: <https://chseaglestennis.weebly.com>

- Match and Tournament Schedule can be found at <https://countysportzone.com>

Spring Sports Registration

Spring Sports Registration: Registration will be done entirely online via HCPSS Connect in your Parent or Guardian's Portal.

All paperwork must be on file prior to Sunday February 25th in order to tryout.

Spring Sports Registration Continued

The following must be **completed** **AND E-signed** by a Parent/Guardian:

- 1. Parent Authorization Form
- 2. Concussion Forms
- 3. Sudden Cardiac Arrest Form

***Do Not skip or leave any boxes blank**

The following documents **MUST** be uploaded:

- 1. Physical Exam dated on or after April 1, 2023, upload ALL pages of the Physical Examination Form
- 2. Residency Verification in the form of a recent BGE Bill (other utility - Potomac Edison, Solar, Water, Cable/Satellite bills are also acceptable) dated January/February 2024 (any invoice dated in 2022 will not be accepted)

****Cell phone bills will NOT be accepted.****

Tryouts

- Students must have no more than 1 “E” grade and a Weighted GPA of 2.0 or better on their 2nd Quarter Report Card to be eligible to tryout.
- **Tryout Dates: March 1st, 4th, and 5th.** First cuts will be made after March 4th. Final Cuts will be made after March 5th (in event tryouts need to be extended dates and times will be communicated via Remind101).
- Players are expected to attend all days of tryouts. If there is a conflict, notify the coaches immediately and we will discuss options.

Tryouts

- Dress appropriately - wear layers and proper shoes and practice attire
- **Bring your own racket, water/water bottle, etc.** We will provide tennis balls.
- A minimum of 12 players of each gender will make the team.

Tryouts Dates/Times

Girls Tryouts Dates/Times:

Friday March 1st - 4:15 - 5:45

Monday March 4th - 2:45 - 4:15

Tuesday March 5th - 4:00 - 5:15

Boys Tryouts Dates/Times:

Friday March 1st - 2:45 - 4:15

Monday March 4th - 4:15 - 5:45

Tuesday March 5th - 2:45 - 4:00

Tryouts Continued

What to expect at Tryouts: Each athlete trying out will be scored (No Basis, Weak, Poor, Average, Good, Excellent) in the following areas:

- Tennis knowledge (rules, scoring, etc.)
- Skills assessments (serving, volleying, groundstrokes, footwork)
 - § Ball placement
 - § Pace
 - § Style (i.e. top spin, back spin, flat, slice)
 - § Consistency
 - § Court coverage
- Attitude – positive demeanor on and off the court
- Coachability – good listener, willingness to learn, takes constructive criticism
- Endurance – footwork, court coverage, physical stamina, mental toughness
- Potential – Athleticism, competitiveness, hardworking, commitment
- Team Comradery – leadership and commitment, team first attitude, encourages others, contributes to a positive atmosphere

Practices/Matches/Tournaments

- Monday through Friday on all non-match days (weather permitting)
- Typically are two practice times
 - Early: 2:45pm - 4:00pm
 - Late: 4:00pm - 5:15pm

On occasion these times may need to be adjusted. Regardless of how the times change, practice will not start earlier than 2:45pm and will end no later than 5:30pm.

- Practices during the regular season may or may not be mixed gender depending on the day. A practice schedule will be released at the beginning of the week taking into consideration any player requests for early or late practice as necessary.

Practices/Matches/Tournaments

- Once match play starts practices are held on all non-match play days
- Matches are usually on Monday, Wednesday, Friday (with some exceptions)
- Matches that are rained out will be made up the next day (if possible). Matches can be made up on a **SATURDAY! Keep all Saturdays from now until the end of the season free! If you work, get shifts covered/talk to your boss about switching shifts.** Typically matches will begin in the morning and should be over by early afternoon at the latest.

Practices/Matches/Tournaments Continued

- For each regular season match there will be 8 starters of each gender: 2 Boys Singles matches (First and Second Singles), 2 Girls Singles matches (First and Second Singles), 3 Boys Doubles matches (First, Second, and Third Doubles), and 3 Girls Doubles matches (First, Second, and Third Doubles). To win the match, at least 3 of the 5 matches must be won (Boys and Girls are scored separately).
- In the regular season, 8 game pro sets will be played with AD scoring. 10pt tiebreaker will be played if/when set score is 8-8
- Spring break matches will be avoided if possible. No promises.

Practices/Matches/Tournaments Continued

- End of the regular season is in the beginning of May. The regional tournament is in Mid May. 1 Boys Singles, 1 Girls Singles, 1 Girls Doubles, 1 Boys Doubles, and 1 Mixed Doubles team will be selected to represent CHS in the tournament. Coaches will determine who will represent CHS in the regional tournament and where they play (player input will be taken into consideration). The State Tournament is Memorial Day weekend. To be eligible to play in the regional tournament you must be available to play both the regional and state tournaments in their entirety.
- Regional and State Tournament play is best of 3 sets with AD scoring and a 10 point match tiebreaker in lieu of a third set.
- To qualify for the state tournament you must win the Regional tournament in your bracket

Thank you!!

Any Questions?

Don't forget to sign up for Remind101!

Sign up by texting the number 81010 with this message:

@c3g8b43